

CHICKEN DISHES

BUTTER CHICKEN (T501) Tender chicken breast stewed with sweet potato, paprika, pepper, garlic, ginger, zucchini, mushrooms, onions, cinnamon, and cilantro.

CHICKEN POT PIE (T502) Fresh chicken breast, onions, celery, and carrots stewed with diced potatoes in gravy and topped with a home baked pie crust.

CHICKEN STEW (T503) Fresh chicken breast, onions, basil, and oregano stewed with diced potatoes, celery, and carrots.

SESAME CHICKEN (T504) Tender chicken breast with our ginger sauce, garlic, brown sugar, sesame oil, celery, broccoli, carrots, and bok choy.

PINEAPPLE CHICKEN (T505) Tender chicken breast marinated in our very own pineapple sauce. Served with diced pineapple, green peppers, onions, and rice.

LEMON DILL CHICKEN (T506) Diced chicken breast, garlic, onions, basil, oregano, dill, and lemon juice stewed with diced tomatoes, celery, mushrooms, carrots, and rice.

HARVEST CHICKEN (T507) Chicken breast with fresh zucchini, mushrooms, onions, and rice pilaf. Served in a tomato cream sauce.

CURRY CHICKEN (T508) Curry stewed chicken with fresh onions, carrots, currants, and tomatoes. Served with rice.

BAR-B-Q CHICKEN (T533) Slow grilled chicken with BBQ sauce, onions, celery, mushrooms, and carrots. Served with rice pilaf.

SOUVLAKI CHICKEN (T536) Lemon, garlic, and herb marinated chicken breast. Served on a bed of rice with green peppers, onions, and tomatoes.

MUSHROOM CHICKEN (T540) Grilled BBQ chicken, juicy steamed mushrooms, tomato sauce, zucchini, onions, and carrots. Served with rice pilaf.

BEEF DISHES

CABBAGE ROLLS (T509) Beef with rice wrapped in cabbage leaves stewed in tomato sauce with zucchini, mushrooms, carrots and rice.

LIVER & ONIONS (T510) Roasted calf liver with fried onions and gravy served with mashed potatoes, turnips, carrots, and green peas.

HONEY GARLIC MEATBALLS (T511) Meatballs tossed in a honey-garlic glaze, mixed with zucchini, mushrooms, and onions. Served with rice.

BEEF STEW (T512) Tender cubes of steak seared and then simmered in our tasty gravy with potatoes, carrots, celery, onions, and herbs.

ROAST BEEF DINNER (T513) Tender slow cooked roast beef smothered in our own delicious gravy. Served with green beans and roasted potatoes.

SHEPHERD'S PIE (T514) Seasoned ground beef with a layer of creamed corn and corn niblets, topped with mashed potatoes.

SWISS STEAK (T515) Onions, turnips, carrots, tomatoes, and peppers, fried with our own marinated steak and gravy with roasted potatoes.

SWEDISH MEATBALLS (T516) Egg noodles and savory meatballs tossed in our homemade gravy with green peppers and onions.

BEEF STROGANOFF (T517) Tender steak simmered in beef broth with fresh mushrooms, onions, and zucchini. Served with broad egg noodles.

CURRY BEEF (T518) Curry stewed steak with broccoli, mushrooms, corn, currants, and apples. Served with roasted sweet potatoes.

MEATLOAF (T519) Homemade meatloaf baked to perfection and served with carrots and mashed potatoes.

LASAGNA (T520) Rich meat sauce layered with broad noodles and parmesan, mozzarella, and cheddar cheeses.

ITALIAN CASSEROLE (T521) Homemade meat sauce baked with macaroni noodles topped with a blend of cheeses.

SPAGHETTI (T522) Rich meat sauce served on a bed of spaghetti noodles and parmesan cheese.

HEARTY CHILI (T529) Savory ground beef stewed in diced tomato sauce with kidney beans and select herbs and spices.

PORK DISHES

PORK TENDERLOIN (T523) Pork medallions in au jus with onions, carrots, celery and potatoes.

TERYAKI PORK (T528) Tender pork on steamed vegetables with ginger, garlic, sesame, and bok choy. Served with rice pilaf.

PULLED PORK (T534) Slow roasted and pulled pork with BBQ sauce, diced tomatoes, onions, zucchini, carrots and mushrooms. Served with rice pilaf.

MAPLE HAM (T535) Maple glazed ham and pineapple served with scalloped potatoes and carrots.

FEATURED DISHES

SAUSAGE & PENNE (T524) Grilled Italian sausage tossed with mixed vegetables and served on a bed of penne noodles with our own tomato sauce.

TURKEY DINNER (T525) Roasted turkey smothered in gravy and served with mashed potatoes and broccoli.

SHRIMP ROSÉ (T526) Steamed shrimp on a bed of rice with a rosé sauce and assorted vegetables.

DILL HADDOCK (T527) Grilled haddock, onions, zucchini, and mushrooms. Served with rice pilaf.

To order, please call
(613) 233-2424 and give us your
order using the meal numbers.
Our staff would be pleased to talk
to you in person. After hours, we
have an answering machine.



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